



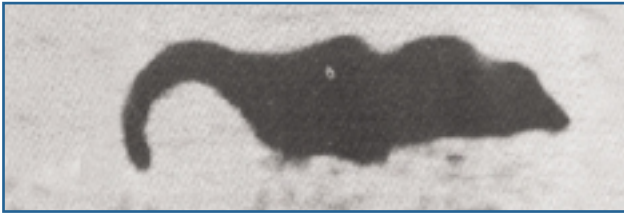
To continue back to St Just...

 From the gate, go down hill keeping the hedge on your left and following the yellow arrows on the posts.

 Carwarthen Farm – is the land on the left **H** going down the hill – translates from the Cornish as Upper Camp. An Iron Age fort occupied one area and coins from the Roman era have been found on this land. The US troops were fed at a camp located here during the Second World War.

 Soon after passing the second post bear left, through a gap in the hedge and trees, to a gate. Follow the path down the valley with the stream on your left.

On leaving the wood, walk down to the stile and bridge **B** and re-trace your outward route along St Just creek to the Church, through the gardens and back to the car park.



Morgawr – the Sea Monster of Falmouth Bay

In Cornish, the name Morgawr, meaning 'Sea Giant', describes an enormous marine monster which lives in the waters of Falmouth Bay. Through myth and by reputation, it resembles a serpent with a long neck, not unlike the famous Loch Ness Monster.

The mouth of the Helford River appears to be the area most favoured by the sea-serpents; the majority of sightings being from the stretch of coastline between Rosemullion Head and Toll Point. This is now known as 'Morgawr's Mile'.

Fact is always stranger than fiction though and over a hundred years ago it is recorded that a long-necked creature was caught by fishermen in Gerrans Bay. Fifty years later, fishermen trawling 3 miles south of Falmouth netted an unidentifiable species: It was twenty feet long, with an eight foot tail, a 'beaked' head, scaly legs, and a broad back covered with 'matted brown hair'. Marine Biologists of the day were puzzled. In May 1976 quite a few were reported from places such as Pendennis point, Rosemullion head and Parsons beach. Falmouth Coastguard received many calls and a 15 year old schoolboy from Helston finally took a photograph of the creature. Two fishermen off Lizard point reported seeing "a great head like an enormous seal, with a long neck, the body was black and the head grey with a total length of about 22 feet.

There have been other sightings since, but as to what it is, this still remains a mystery. The picture, taken in 1976 still has to be proved a fake.



Part of the 'Most Secret' plan dated 1942 of D-Day hards and access roads by the War Office showing the initial layout of the jetties at Turnaware Point. (National Archive)

Aerial photo taken during 1946, a year after the Fal's D-Day hards were decommissioned. The piers are still in situ but the buildings are dismantled. (National Archive)



Further reading and web resources:
 OS Explorer 105
 The Roseland Between River and Sea by Laurence O'Toole 1978
 St Mawes Back Along by Dave McCree 1997
 National Trust Coast of Cornwall Series: 18/19 The Roseland and St Anthony Head
www.acornishriver.co.uk

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MESSACK- TURNAWARE



St Just-in-Roseland Church- Messack- St Just-in-Roseland Church

3 1/2 miles, 3 hours

The walk extension to Turnaware adds 2 miles and 1 1/2 hours, several moderate climbs
Start and finish St Just-in-Roseland Church Car Park

From the car park, walk down to the church and turn right through the lychgate. Follow this footpath around Church Pool and over a stile. Walking along here needs care as rocks underfoot can be very slippery. Follow the footpath down to a gate on the left, go over a footbridge and a drive where an arrow on a garage points the way left, up to a steep stile.

Continue alongside the creek for 1/2 a mile until the path goes through a gate and leads to a footbridge at the head of a creek **B** again take care as this can be slippery. Cross over the stile and head off in the direction indicated (left) by a NT sign for the circular route via Messack Point. Follow the path close to the creek through a gate after which the path bears right. Go through the third gate on the left, cross the footbridge, go over steps and bridge and climb up towards the gate. Just before the gate, turn right through the gap in the hedge and then immediately left through another gate. Follow the path keeping the hedge on your left. As the path bears right go through the gate on the left, cross over a lane **C** and follow the NT sign towards Messack Point.

With the hedge on your left go to the end of the field where, from the high ground above the Point, **D** you will get splendid views of Falmouth, the Carrick Roads, Falmouth Bay and as far round as the Lizard and the infamous Manacle rocks.

The stone bench here **D** commemorates the legacy which helped the National Trust to purchase Messack Farm and the land over which you're walking.

NT signs indicate the path running straight downhill to Messack Point and the Waterside path. An alternative route to the right on an upper path which provides a shortcut of a 1/2 mile.

You now have two choices of route:

Waterside path:
Walk straight down the hill with the Cornish hedge on the right, turning right through a gate onto the footpath which follows close to the shoreline. After 1/2 mile the path climbs up through a wood to a gate leading into a field. Shortly after this the upper footpath rejoins the Walk from the right.



Front cover image and images to the right
Boathouse at Sunny Corner 1928
This elegant boathouse at Sunny Corner was constructed in the late '20s and can still be seen today.
(Images courtesy of Ralph and Lesley German)

- Z** point of interest mentioned in text or a photo
- cafe/shop
- pub/hotel
- WC public toilets
- directions
- look around
- nature notes

Upper Path:
The path to the right as indicated by the NT sign takes you down following the Cornish hedge on the right. Where the hedge ends turn right to follow through narrow fields again with the hedge on your right to a gate at the end.

Go through the gate and walk left around the edge of a depression then descend to aim for steps leading up to the waterside path.

When you reach the path turn right to rejoin the Walk **E**.

Where the two routes meet, continue walking ahead with the hedge on your right to the top right corner of the field and turn right through a gate (which is hidden from view until you are up close).



Go into the field and immediately turn left to another gate and follow the path through this gate until you join a lane.



Turn right and cross over the lane to a gate with a NT sign on the post.

Turnaware walk...
It is possible to extend your walk at this point **F** by turning left on the lane and following it to Turnaware Point, which was an important D-Day embarkation point

G Walk 4 which was created by St Mawes County Primary School takes you on this route which is a "there and back" walk of about 2 miles.